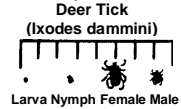


GTA 08-05-056 TICK-BORNE DISEASES

LYME DISEASE
Deer ticks may Carry Lyme Disease

Common Symptoms:
Ring-shaped rash; flu-like symptoms and arthritis; later, disease affects joints, heart, and nervous system.



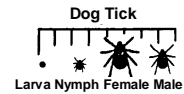
Actual Sizes Shown Below



ROCKY MOUNTAIN SPOTTED FEVER (RMSF)

Dog Ticks May Carry RMSF

Common Symptoms:
Spotted rash, high fever, chills, and severe headache.



EXPOSURE. Organisms causing Lyme disease and RMSF are spread by tick bites. These diseases usually occur from early spring through early fall.

PREVENTION. (1) Wear uniform with pants bloused into boots and sleeves down. (2) Apply repellent (DEET) to exposed skin. (3) Treat uniform with repellents such as permethrin, where available, or DEET. (4) Check yourself for ticks frequently and use buddy system. (5) Remove tick immediately with fin-tipped tweezers by grasping the tick as close to your skin as possible and gently pulling straight out. Do not squeeze the tick's body as this may inject fluid into you! Wash the bite area of skin and apply antiseptic.

DIAGNOSIS AND TREATMENT. If you suspect Lyme or RMSF disease, seek medical care as soon as possible. Antibiotics can cure both diseases, but best results are achieved with early treatment.